

Keck School of Medicine of USC

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and the Behavioral Sciences*



NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH

November is National Alzheimer's Disease Awareness month, a time to shine a light and bring awareness about Alzheimer's disease that affects more than 6 million Americans. There are several resources to help you learn the facts, symptoms, and ways to help raise awareness about the disease.



KNOW THE FACTS

- Alzheimer's is not a normal part of aging and 1 in 3 seniors dies with Alzheimer's or another dementia.
- It kills more than breast cancer and prostate cancer combined.
- Alzheimer's worsens over time.
- There is no current cure, but treatments and research studies are available.

KNOW THE SIGNS

- Memory loss that disrupts daily life
- Challenges in planning or problem solving
- Difficulty with familiar tasks
- Confusion
- Trouble understanding images or spatial relationships
- Difficulty speaking or writing
- Misplacing things and losing ability to retrace steps
- Changes in mood or personality

HELP RAISE AWARENESS

- Spread the word on social media
- Visit ALZ.org for more information
- Host a community fundraiser
- Donate to programs and services for families affected by Alzheimer's disease
- Attend the 6th Annual Brain Health Forum on November 6, 2021. Register online at bit.ly/2IUSCVHBrainHealth
- Participate in an Alzheimer's Research Study at brainhealth.usc.edu



LON SCHNEIDER, MD

Led by Lon Schneider, MD, Professor of Psychiatry, Neurology, and Gerontology, and Della Martin Chair in Psychiatry and Neurosciences at Keck School of Medicine of USC, the USC Alzheimer's Disease Research Center (ADRC) is funded by the National Institutes of Health to improve care for people with memory loss, Alzheimer's disease, and dementia through research. Research studies are ongoing and there are opportunities for individuals with or without memory problems who would like to participate in the research.

If you are interested in joining a study or know someone who may be interested, please call (323) 442-5775 or email adrc@med.usc.edu.