# ITCT-A in Congregate Care: Crisis is Opportunity

Jessica Jackson-Yoo, LICSW



#### Questions

- People are your resources, who do you work with that has the skills and endurance to move through these challenges with you?
- 2. Who holds the hope?... And how many of those people do you have?

#### **Implementation Challenges**

- Creating buy in across departments
- Always something going on in congregate care
- Relational model- emotionally draining
- System not comfortable with less-control oriented model

### Strategies for: Creating Buy-in Across Departments

- Get department leadership on-board
- Demonstrate utility
- Marry ITCT with agency's language/approach for crisis intervention

### Strategies for: Always something going on

- Make sure a number of people are holding the process.
- Involve people from each department.
- Balancing putting out fires with proactive work

## **Strategies for: Relational Model**

- Helping staff understand the critical work they are doing (Appendix 1)
- Connecting with/capitalizing on strengths of staff
- Increased Staff Support

#### Strategies for: System not trauma informed

- Ability to articulate formulation of treatment, interventions, and how they are linked to the distressing behavior (ATF)
- Relationship build with systemic stakeholders

**Questions/Discussion**