

# Assessment-Treatment Flowchart

## *Adolescent/Young Adult Version (ATF-A)*

Client Name: \_\_\_\_\_

Priority ranking (circle one for each symptom):

1 = Not currently a problem: no treatment currently necessary

2 = Problematic, but not an immediate treatment priority: treat at lower intensity

3 = Problematic, a current treatment priority: treat at higher intensity

4 = Most problematic, requires immediate attention

(S) = Suspected, requires further investigation

	<i>Intake</i>			
<i>Date</i>	_____	_____	_____	_____
<i>Problem Area</i>	<i>Tx Priority</i>	<i>Tx Priority</i>	<i>Tx Priority</i>	<i>Tx Priority</i>
1. Safety—environmental	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
2. Caretaker support issues	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
3. Anxiety	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
4. Depression	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
5. Anger/aggression	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)

ATF-A

	<i>Intake</i>			
<i>Date</i>	_____	_____	_____	_____
<i>Problem Area</i>	<i>Tx Priority</i>	<i>Tx Priority</i>	<i>Tx Priority</i>	<i>Tx Priority</i>
6. Low self-esteem	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
7. Posttraumatic	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
8. Attachment insecurity	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
9. Identity issues	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
10. Relationship problems	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
11. Suicidality	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
12. Safety—risky behaviors	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
13. Dissociation	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
14. Substance abuse	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
15. Grief	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
16. Sexual concerns and/or dysfunctional behaviors	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
17. Self-mutilation	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
18. Other: _____	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)
19. Other: _____	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)	1 2 3 4 (S)